Each week I am creating a short lesson that is parent (and kiddo) friendly. Each lesson touches on the topics we are all thinking about right now and teaches our kiddos what the Bible says about them. So, whether or not our kiddos are afraid of the Coronavirus they can learn about Jesus who calms storms, comforts frightened disciples, and much more! Additionally, weekly your child will receive, via email a lesson based on our curriculum from their Sunday School teacher.

Class and Teachers:
Minnows: Ms. Bonnie
Doves: Ms. Beth & Ms. Amy
Eagles: Ms. Jody
Ravens: Ms. Kristen
Music: Ms. Mairin

**A SONG TO GET US THINKING…**

**Every Move I Make**
https://www.youtube.com/watch?v=MPvnZILn6EY

**FAMILY DEVOTIONAL**
LUKE 12:7, MATTHEW 6:25-34

**Lesson Focus:** After this lesson, children will have a greater understanding of how disappointments will happen in life, but they do not last forever, and it will get better.

**Video:** [https://www.youtube.com/watch?v=rzcYLCYItuc&t=156s](https://www.youtube.com/watch?v=rzcYLCYItuc&t=156s)

**Video Funny Games:** Moses let my people go | For ages 8 – 12
https://www.youtube.com/watch?v=1DHbV5fwyp0

**Memory Verse:** Indeed, the very hairs of your head are all numbered. Do not be afraid; you are worth more than many sparrows. Luke 12:7

You know what is funny? A few weeks ago, if you would have asked me how I would like to be home all day and able to lounge around, I probably would have said that sounded like a dream! But here we are, seven weeks into social distancing, and I have found it is a lot more disappointing than I would have thought, you know? School cancelled, we cannot go out with our friends, the Olympics and other sports are cancelled… I bet there are some things you were looking forward to that were cancelled to, aren't there?
I think, as a family, you should spend a few moments just talking about these disappointments. So, I say you have ten seconds and you can vent, be angry, be mad, whatever it might be, about how disappointed you are that things are not what they should be. All family members do it all at the same time. Ready? Set... Go!

Okay, good. Now, disappointments are a part of life, aren’t they? We have all had disappointments before. These just seem really, big. But you know what helps me. It helps me to remember that really, these things are kind of small, aren’t they? The Olympics will come again. School will open again. One day we will get to go back to the playground. Play sports and visit our friends. Our disappointments are not going to last forever, and when we do get these things back, we will probably appreciate them even more.

I was thinking about who in the Bible experienced disappointment, and I realized that there was a guy who had something cancelled for him, too... and it was something really, BIG. Can you guess who I am talking about?

Well, I was not thinking of Jesus, but that is good too... I was thinking of Moses! Do you remember Moses? Moses, as a baby, was sent down a river and taken in by Pharaoh’s daughter. When he saw Hebrew slaves struggling, he knew he was one of them and he wanted to help his people. So, Moses went to Pharaoh, and he says, “Let my people go!” Pharaoh kept saying no, which was disappointing to the people... so God sent frogs and locusts and a lot of other plagues until...FINALLY, Pharaoh said “okay you can go!”

Imagine how happy the Hebrew people and Moses must have felt! Pharaoh was letting them go! It was hope, finally! And then... you know what Pharaoh did? He changed his mind! After all the Hebrew slaves left Pharaoh probably look around and thought...WAIT A MINUTE!! I JUST LET ALL MY WORKERS LEAVE!! So, Pharaoh rounded up his army and began to chase after Moses and the Hebrew people.

Do you know how the Moses story ends? God delivers the Hebrew people by allowing them to walk on dry land right through the Red Sea while Pharaoh’s army drowns! God delivered them and gave them back their freedom.

He will do the same for us, too. Right now, it is easy to be disappointed, and God understands that. He knows we were looking forward to things and now they are cancelled. But no matter what we can trust God because He knows what He is doing and will take care of us even when life seems like one big disappointment.

**A FEW DISCUSSIONS QUESTIONS**

1. What are you most disappointed about missing right now?
2. What does the story of Moses tell you about disappointments?
3. Do you trust God with your disappointments?
4. Does your disappointment right now make you understand Moses a little bit more?
CLOSING PRAYER

God, thank you for knowing our hearts and knowing when we are disappointed. Please help us trust in you during this time, and please heal the sick around us. Amen.
Color Activity #1

Moses Parts the Red Sea
Color Activity #2

Moses and the Israelites Crossing the Red Sea